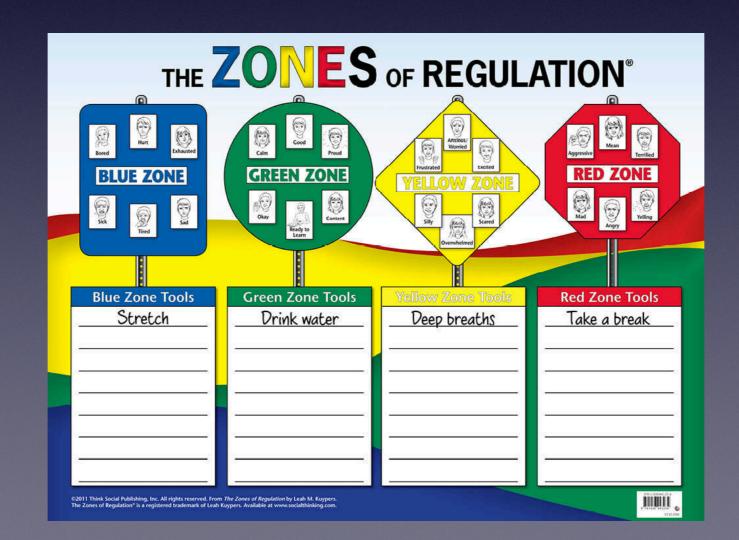


Every time you see a zone, that is a tool can take you back to the green zone.



Example: If you're bad at something ,you take a break and persist again and again!

